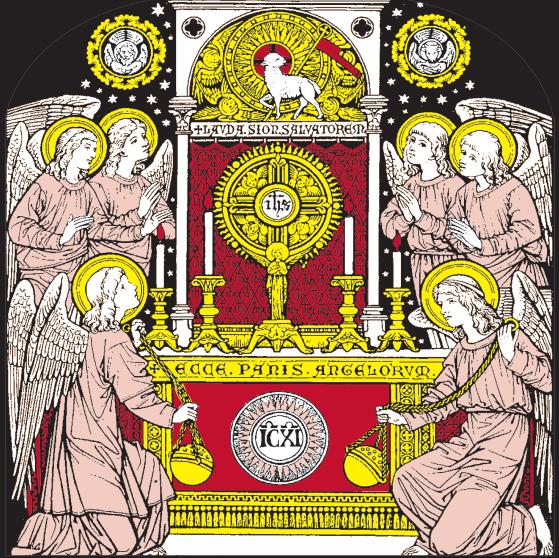


APOSTLES of the HOLY SPIRIT Bulletin

Spring 2017

SACRAMENT OF LOVE



"The Church and the world have a great need of Eucharistic adoration. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in *adoration*, and in *contemplation* that is full of faith and ready to make *reparation* for the great faults and crimes of the world. May our adoration never cease." -St. Pope John Paul II

THE HOLY SPIRIT GOD OF LOVE

Love is the bond of unity. Love comes only through the Sacrament of Love (Holy Communion) and the God of Love (the Holy Spirit). At Mass, before the consecration, the priest holds his hands over the gifts of bread and wine and prays that the Holy Spirit change them into the physical body of Christ. After the consecration, the priest extends his hands over the assembly of worshippers and prays that the same Holy Spirit, through an in fusion of love, change all those who receive Holy Communion into a community of love, the mystical body of Christ, the Church.

(By Rev. Albert Joseph Mary Shamon)



THE BEST TIME YOU WILL SPEND ON EARTH

"Jesus wants us all to come to Him in the Blessed Sacrament. He is there in person, just waiting for you. Nowhere on earth are you more welcome, nowhere on earth are you more loved, than by Jesus, living and truly present in the Blessed Sacrament. The time you spend with the Blessed Sacrament is the best time you will spend on earth. Each moment you spend with Jesus will deepen your union with Him and make your soul everlasting more glorious and beautiful in heaven, and will help bring about an everlasting peace on earth."

(Saint Mother Theresa)



"Could you not watch one hour with me? Watch and pray that you will not enter into temptation. The spirit indeed is willing, but the flesh is weak."

-Matthew 26:40-41



THANKSGIVING FOR THE SACRAMENT OF LOVE

My dear Jesus, I thank you with all my heart for coming to me and nourishing my soul with Your Sacred Body and Most Precious Blood. I thank You for all the graces and blessings I have ever received through the merits of Your sacred passion and through the institution of the Most Holy Sacrament of the Altar. With the help of Your grace, I will endeavor to manifest my gratitude to You in the Sacrament of your Love, by obedience to Your holy commandments, by fidelity to my duties, by kindness to my neighbor, and by an earnest endeavor to become more like You in my daily conduct. Blessed be Your Holy Name! Amen.

BENEDICT BACKS PERPETUAL ADORATION

VATICAN CITY — Benedict XVI has supported an initiative to offer the possibility of perpetual Eucharistic adoration in churches of the Rome Diocese.

The Holy Father expressed his enthusiasm for his initiative during his meeting March 2, 2006 with Roman parish priests, as reflected in his conversation with them. A text of the conversation was subsequently published in Italian by the Vatican.

Father Alberton Pacini, rector of the Church of St. Anastasis on the Palatine Hill — which has had perpetual Eucharistic adoration for the past five years made this proposal to the Pope.

The experience of this parish has led other churches to follow its example. St. Anastasia's has also become the headquarters of a movement of Eucharistic evangelization.

"My proposal, my suggestion, my desire, my intention would be that each of the five sectors of Rome have perpetual Eucharistic adoration" said Father Pacini.

The Holy Father thanked the priest for the information and for his efforts in promoting this initiative, describing "perpetual adoration" as "a neurological point of the life of faith in Rome." A summary of the Pope's comments follows.

"This proposal to create five places of perpetual adoration in the five sectors of the diocese of Rome, place confidently in the hands of the Cardinal Vicar Camillo Ruini.

"I only wish to thank God, that following the Second Vatican Council, after a period in which something of the meaning of Eucharistic adoration was lacking, this adoration has been reborn everywhere in the Church, as we saw and heard in the Synod on the Eucharist.

"Certainly with the council's constitution on the liturgy, all the wealth of the Eucharist was particularly rediscovered, the celebration where the Lord's is fulfilled: He gives himself to us and we respond saving ourselves to him."

But now "we have rediscovered that" the ability to celebrate his sacrifice and in this way enter into sacramental, almost corporal communion with him, poses its profundity and human richness if adoration is lacking, adoration as the act that follows receiving communion. "Adoration," he added, "is to enter into profound heartfelt communion with the Lord, who makes himself bodily present in the Eucharist."

(Zenit)

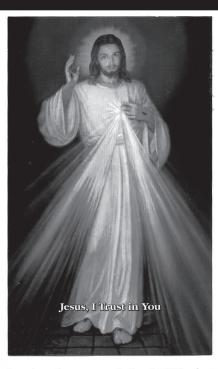
EUCHARISTIC ADORATION

In his apostolic letter on the mystery and worship of the Eucharist (Dominicae Cenae, 1980), Pope John Paul II writes that worship of Jesus in the sacrament is performed primarily during Mass but also must be extended to other periods.



The Pope calls for a return to "various forms of Eucharistic devotion; personal prayer before the blessed Sacrament, Hours of Adoration, periods of exposition, short, prolonged an annual (Forty Hours)—Eucharistic benediction, Eucharistic processions, Eucharistic congresses." The Holy Father points out that these practices serve as "proofs of that authentic renewal" outlined by Vatican II. He concludes the documents with provocative and prophetic exhortation; "May our adoration never cease!"

Pope John Paul II called the young people gathered at Santiage de Compostela, Spain for World Youth Day 1989 to become shining heralds of the re-evangelization and generous architects of the civilization of love..." His message was eagerly received by young people filled with zeal and love for Christ and the Catholic Church. In answer to this call, the YOUTH 2000 initiative was begun. Since its inception, YOUTH 2000 has become an international spiritual initiative of young people from all over the world committed to following Christ. At World Youth Day in Rome in 2000, the Holy Father exhorted the young people to "Set the Eucharist, at the center of your personal life and community life: love the Eucharist, celebrate the Eucharist." YOUTH 2000 answers the call of the Holy Father by providing Eucharistic centered retreats for young people.



Jesus: Souls who spread the honor of My mercy I shield through their entire lives as a tender mother her infant, and at the hour of death I will not be a Judge for them, but the Merciful Savior. At that last hour, a soul has nothing with which to defend itself except My mercy. Happy is the soul that during its lifetime immersed itself in the Fountain of Mercy, because justice will have no hold on it (*Diary*, 1075).

Jesus: My daughter, meditate frequently on the sufferings which I have undergone for your sake, and then nothing of what you suffer for Me will seem great to you. You please Me most when you meditate on My Sorrowful Passion. Join your little sufferings to My Sorrowful Passion, so that they may have infinite value before My Majesty. (*Diary*, 1512)

Jesus: My daughter, all your miseries have been consumed in the flame of My love, like a little twig thrown into a roaring fire. By humbling yourself in this way, you draw upon yourself and upon other souls an entire sea of My Mercy. (*Diary*, 178)

Jesus: My daughter, write down these words: All those souls who will glorify My mercy and spread its worship, encouraging others to trust in My mercy, will not experience terror at the hour of death. My mercy will shield them in that final battle. (*Diary*, 1540)

Year of Mercy (Excerpts from St. Faustina's Diary)

Jesus: Make a novena for your country. This novena will consist of the recitation of the Litany of the Saints. (*Diary*, 59)



1

The Corporal Works of Mercy Visit the Sick

Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit and comfort them.

- Give blood.
- Spend time volunteering at a nursing home — get creative and make use of your talents! (e.g. sing, read, paint, etc.)
- Take time on a Saturday to stop and visit with an elderly neighbor.
- Next time you make a meal that can be easily frozen, make a double batch and give it to a family in your parish who has a sick loved one.

The Spiritual Works of Mercy Admonish the Sinner

- Do not judge, but be supportive in helping others find their way and correct their mistakes. Together we can learn to walk more closely with Christ.
- In humility we must strive to create a culture that does not accept sin, while realizing that we all fall at times.
- Don't judge, but guide others towards the path of salvation. (see Mt. 7:1-2)
- When you correct someone, don't be arrogant. We are all in need of God's loving corrections.
- We should journey together to a deeper understanding of our shared faith.



St. Thomas More Patron of Religious Freedom Pray for Us

HISTORY REPEATS

"We have been recipients of the choicest bounties of heaven; we have been preserved these many years in peace and prosperity; we have grown in numbers, wealth, and power as no other nation has ever grown.

But we have forgotten God. We have forgotten the gracious hand which preserved us in peace and multiplied and enriched and strengthened us, and we have vainly imagined, in the deceitfulness of our hearts, that all these things were produced by some superior wisdom and virtue of our own.

Intoxicated with unbroken success, we have become too self-sufficent to feel the necessity of redeeming and preserving grace, too proud to pray to the God that made us."

-Abraham Lincoln

O GOD OUR CREATOR,

from your provident hand we have received our right to life, liberty, and the pursuit of happiness. You have called us as your people and given us the right and the duty to worship you, the only true God, and your Son, Jesus Christ.

Through the power and working of your Holy Spirit, you call us to live out our faith in the midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.

We ask you to bless us

in our vigilance for the gift of religious liberty. Give us the strength of mind and heart to readily defend our freedoms when they are threatened; give us courage in making our voices heard on behalf of the rights of your Church and the freedom of conscience of all people of faith.

Grant, we pray, O heavenly Father, a clear and united voice to all your sons and daughters gathered in your Church in this decisive hour in the history of our nation, so that, with every trial withstood and every danger overcomefor the sake of our children, our grandchildren, and all who come after usthis great land will always be "one nation, under God, indivisible, with liberty and justice for all." Amen.

We ask this through Christ our Lord.

Almighty and eternal God,

you have revealed your glory to all nations. God of power and might, wisdom and justice, through you authority is rightly administered, laws are enacted, and judgment is decreed.

Assist with your spirit of counsel and fortitude the President of these United States, that his administration

may be conducted in righteousness, and be eminently useful to your people over whom he presides.

May he execute the laws with justice and mercy. May he seek to restrain crime, vice, and immorality.

We, likewise, commend to your unbounded mercy all who dwell in the United States.

Bless us and all people with the peace which the world cannot give.

We pray to you, who are Lord and God, for ever and ever.

R. Amen. Our Americans 1st Arch Bishop John Carroll

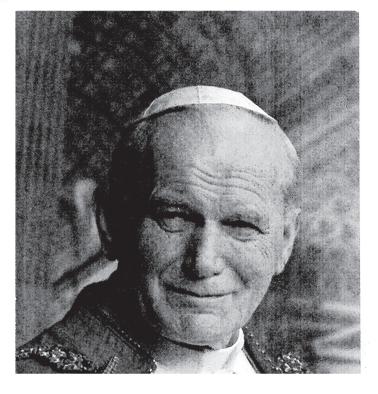
6 Send us an e-mail at: apostles.holyspirit@fuse.net



Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. Amen.

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PRAYER FOR THE INTERCESSION OF SAINT JOHN PAUL II

O Blessed Trinity, we thank you for having graced the Church with Saint John Paul II and for allowing the tenderness of your fatherly care, the glory of the Cross of Christ and the splendor of the Spirit of love to shine through him. Trusting fully in your infinite mercy and in the maternal intercession of Mary, he has given us a living image of Jesus the Good Shepherd. He has shown us that holiness is the necessary measure of ordinary Christian life and is the way of achieving eternal communion with you. Grant us, by his intercession, and according to your will, the graces we implore, through Christ our Lord. Amen.

> With ecclesiastical approval +DONALD CARDINAL WUERL Archbishop of Washington

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TO OUR LADY OF THE MOST BLESSED SACRAMENT

VIRGIN IMMACULATE, MOTHER OF JESUS AND OUR MOTHER. WE INVOKE YOU UNDER THE TITLE OF OUR LADY OF THE MOST BLESSED SACRAMENT, BECAUSE YOU ARE THE MOTHER OF THE SAVIOR WHO LIVES IN THE EUCHARIST. IT WAS FROM YOU HE TOOK THE FLESH AND BLOOD WHICH HE FEEDS US IN THE SACRED HOST.

WE ALSO INVOKE YOU UNDER THAT TITLE BECAUSE THE GRACE OF THE EUCHARIST COMES TO US THROUGH YOU, SINCE YOU ARE THE MEDIATRIX, THE CHANNEL THROUGH WHICH GOD'S GRACES REACH US.

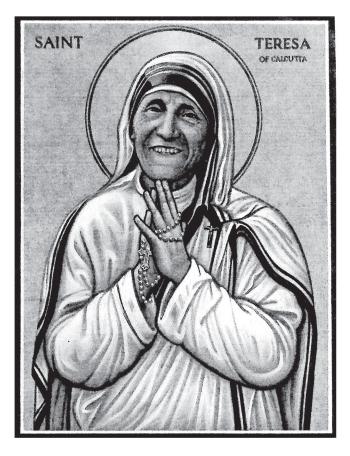
OUR LADY OF THE MOST BLESSED SACRAMENT. PRAY FOR US!

EUCHARISTIC PRAYER

O JESUS, OUR LORD AND OUR GOD, CREATOR AND RULER OF THE VAST UNIVERSE, WE LOV-INGLY ADORE YOU HIDDEN SO HUMBLY IN THE FRAGILE LITTLE HOST WE REJOICE THAT THE BLESSED SACRAMENT IS NOT MERELY A HOLY THING, BUT A LIVING PERSON - THE SAME CHRIST WHO DIED FOR US ON CALVARY BUT WHO LOVED US SO MUCH THAT HE WANTED TO REMAIN WITH US FOREVER.

MAY THE MOST BLESSED SACRAMENT BE PRAISED AND ADORED FOREVER.

WE OFFER THIS PRAYER IN REPARATION FOR ALL THE IRREVERENCES, PROFANATIONS, AND SACRILEGES WHICH YOU RECEIVE IN THE MOST AUGUST SACRAMENT OF THE ALTAR.



Blessed Mother Teresa (Agnes Gonxha Bojaxhiu), was canonized a saint on September 4, 2016 by Pope Francis at the Vatican. Agnes grew up in a devout Catholic family. Her father, Dranafile Bojaxhiu, died suddenly when Agnes was just 8 years old. She became very close to her mother, Nikola, who was active at the local parish and had a deep commitment to the poor. There was always a place set at their dinner table for those in need. When Agnes asked who these people were, Nikola responded, "Some of them are our relations, but all of them are our people."

In May 1931, she made her first Profession of Vows and was sent to Calcutta's St. Mary's High School where she taught the city's poorest families. By September of 1946 she received a second calling when Christ spoke to her to work in the slums of Calcutta. After only 6 months of basic medical training, she opened a school and established a home for the "the unwanted, the unloved, the uncared for." In 1950, Mother Teresa received canonical recognition for a new congregation, which she founded, the Missionaries of Charity. Over the next ten years, she established a leper colony, an orphanage, a nursing home, a family clinic and several mobile home clinics where she humbly ministered to the sick and dying.

We can do no great things, only small things with great love.

SAINT TERESA OF CALCUTTA

ACCEPTING THE HOLY SPIRIT INTO MY LIFE

My name is Marti Lujan, for those of you who may not know please join me in asking God's blessing as He watches down below.

I've been an ordinary wife, now I'll share what I've become, since accepting the Holy Spirit into my life.

I attended the Life in the Spirit seminar, back in April of this year, I went through the 6 weeks almost unnoticed, since I usually sat alone in the rear.

I walked in with a terrible attitude, with hurts and disappointments, I had allowed to fester, but in spite of myself, God sent me two life lines by the names of Gilbert and Mary Ester.

There was a table filled with literature, that we were welcomed to have at no cost, I picked one up called "Novena To The Holy Spirit" perfect I thought, for a soul that's lost.

I read it, asked for spiritual guidance, I meditated and I prayed. Every week I told myself I wouldn't return, but every week, I stayed.

I listened to all the testimonies, some even sounded like my own, they spoke about repentance, and the mercy Jesus had shown.

I remember telling Gilbert This might not be what I was looking for he just smiled and nodded his head, and every week, he held open the door.

One night at the seminar, there were confessions, conducted by Father Vince, and a tremendous change occurred in my soul, and has continued to ever since.

Not only did God forgive me, but for the first time, I forgave myself, I dealt with anger and resentments, that for years sat forgotten on a shelf. I found myself praying often during the day, for all souls, other than mine. I trusted Jesus knew what healing I needed, and would take care of it in His time.

I almost felt like I was germinating, out of God's carefully planted seed, though I had never opened up a Bible, I now had a desire to read.

Nina and Cris were the leaders of our group, they suggested I start with the book of John. And thanks to their knowledge and patience, mine was a soul, the devil had not won.

Those who had hurt me, or that I had hurt, I had to love them, I now realize, but it really wasn't difficult for me, because I now see them through God's eyes.

Jesus really does love me, and not only when I kneel to pray, but he also watched over me, all those times that I went astray.

Now I still have the same sort of problems, that I walked in with, on that day, but I have the strength to live them through, since I now walk in the Lord's way.

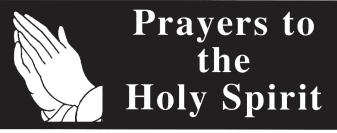
Everyone of you here, has been an inspiration to me, every time that we gather in prayer, and I know that one day we're going to see Jesus, one day we're going to make it there.

I'm still that ordinary mother, I'm still that ordinary wife, But oh what a difference it has made, to have Jesus Christ in my life.

Oh Jesus, how I love you, and I'll always be thankful to Thee, that you left alone, the 99, just to come looking for me!!!

> Marti Lujan Belen, New Mexico

PRAY PRAY PRAY



LET US ALWAYS START ALL OUR PRAYER WITH A SIMPLE

"COME, HOLY SPIRIT"



CHALICE OF STRENGTH PRAYERS FOR PRIESTS "And there appeared to Him an angel from Heaven to strengthen Him" (LK 22:43)

INTRODUCTION

"The Thursday Crusade for Priests" What is it? CHRIST instituted the Holy Eucharist and the Priesthood at the Last Supper on Holy Thursday.

On the same night He, the High Priest, in the midst of His Agony on the Mount of Olives, was assisted by an angel who offered Him a chalice. This chalice symbolizes the divine, necessary strength which CHRIST received from the Heart of the FATHER in order to accomplish the Sacrifice of Redemption.

From early times, Christians have commemorated CHRIST'S Agony in the Garden of Gethsemani on Thursday night with a vigil of prayer, thus uniting themselves to Him, Who said to His apostles:

"WATCH AND PRAY"

Due to the intrinsic relationship of this night of Agony to the Priesthood and our awareness that each and every priest is an "alter Christus," an "other CHRIST," who likewise must continue to accomplish this same sacrifical mission of Redemption in the Church today, so too do we, like the angel, wish to offer our priests a chalice of strength.

We ask you to join us in this prayerful petition to the FATHER on behalf of priests. You may do this by becoming a special helper of priests by offering the FATHER each Thursday your whole day on behalf of priests. By doing this, you will draw from the heart of the FATHER the divine assistance which all priests need.

Let us offer on this day for priests, including:

Holy Mass, Holy Communion, The rosary, Our Work and Trials, Our Sorrows and Sacrifices, Our Joys and Good Deeds, A Vigil of Prayer in Union with CHRIST in the Garden.

This is what we call our "Thursday Crusade for Priests." Whoever desires, may become an angel of assistance for priests. Whatever your state of life, whatever your state of health, everything can be lifted up to the FATHER in confident prayer, as a loving sacrifice, to be transformed in the Heart of the FATHER into the wine for the Chalice of Strength.

Actually, it is CHRIST, Himself, Who begs us in His Agony to pray for Priests. Won't you watch and pray this Thursday?

"The Holy Eucharist and a Holy Priesthood"

By Rev. John A. Hardon, S.J. The sacrifice of selfless love required of a priest is impossible without the superhuman strength from God.

The principal source of this superhuman strength is the Holy Eucharist. Catholic priests are a living witness to Christ's power to work moral miracles in the world today.

The single most important need for the priesthood is a renewed faith in the Holy Eucharist.

Catholic Christianity is unique in making demands on the morality of its believers that are beyond human nature, by itself, to live up to. The two hardest demands are the practice of Christian chastity and Christian charity. Combine these two virtues with celibacy and self sacrifice, and we begin to see why the priesthood requires, indeed demands, superhuman power from God to remain faithful for a lifetime.

Priests have no choice, the psychological pressure from the world, the flesh and the devil are too strong to cope with by themselves. The Holy Eucharist must remain if it already is or become, if it is not, the mainstay of their priestly lives. This is no option. It is law of spiritual survival in every age and with thnderous emphasis, for Catholic priests in our day.

Priests are as selfless and chaste, as sacrificing and humble, as their lives are centered on the Eucharist. The daily and devout offering of the Mass, the daily Holy Hour and frequent Benediction, the frequent visits to the Blessed Sacrament-these are not superficial priestly devotions. They are expressions of a profound love for Jesus Christ, now living and offering Himself for our sanctification on earth on our way to eternity.

PRAY PRAY PRAY



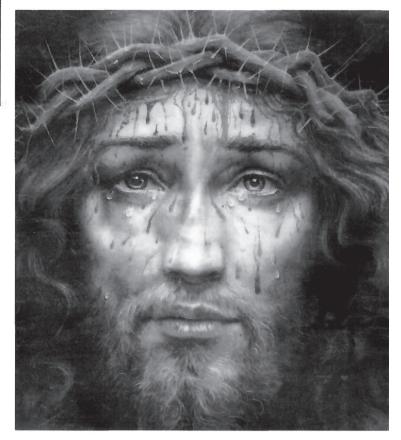
LET US ALWAYS START ALL OUR PRAYER WITH A SIMPLE

"COME, HOLY SPIRIT"

"Holy Spirit, give me courage to fight the evil I must battle today."

The New Morality by "Mary"

You didn't make it, Unborn Child. They wouldn't let you be. To your bud of life, they took a knife. It's the "New Morality." They didn't mean to hurt you, Love! You have to understand. Forgive them for what they did. Their life was so well-planned. They couldn't take you with them up the ladder of success. Money meant more to them than a child, heaven-blessed. Tell me, little Unborn Child, what did the Creator say? Did He wrap you in His love, and wipe your tears away? You hover on the edge of time. I see your faceless form. You laugh whenever children play, Oh, God, for you I mourn! He sent His only Precious Son to teach us all "the Way." Still, we kill the unborn ones. It happens every day! You didn't make it, Unborn Child. They wouldn't let you be. They just expelled a blob of cells. It's the "New Morality."



PRAYER FOR THE BAPTISM OF ABORTED BABIES (29 July 1998)

Heavenly Father, Your love is eternal. In Your ocean of love, You saved the world through Your only-begotten Son, Jesus Christ. Now look at Your only Son on the Cross who is constantly bleeding for love of His people, and forgive Your world. Purify and baptize aborted children with the Precious Blood and Water from the sacred side of Your Son, Jesus Christ, who hung dead on the Cross for their salvation; in the name of the Father, and of the Son and of the Holy Spirit. May they, through the holy death of Jesus Christ, gain everlasting life, through His wounds be healed and through His Precious Blood be freed; there to rejoice with the Saints in Heaven. Amen.

"... Through this prayer large numbers of innocent unborn babies will be saved; pray it daily and make it known to the world. Anyone who teaches it will not be lost. Innocent souls in Heaven will not let them become lost. I, with my Love and Mercy, will protect them from falling into mortal sin... Baptize them with this prayer..."

> Imprimatur: Bishop Ayo-Maria Atoyebi, O.P. Diocese of Ilorin, Nigeria

PRAY PRAY PRAY

Prayer of Reparation for Roe vs. Wade

The Catholic bishops of the United States have designated January 22 as a special day of prayer and penance in reparation for the massive killing that has resulted from the Roe vs. Wade Supreme Court decision (handed down January 22, 1973) which permitted abortion throughout pregnancy.

Therefore, we at Priests for Life invite you to prepare spiritually for that day by joining a Novena that starts on January 14 and concludes on the 22nd.

God and Father of Life, You have created every human person, And have opened the way for each to have eternal life.

We live in the shadow of death. Tens of millions of your children have been killed because of the Roe vs. Wade decision legalizing abortion.

Father, have mercy on us. Heal our land And accept our offering of prayer and penance. In your love for us, Turn back the scourge of abortion.

May each of us exult in hearts full of hope And hands full of mercy And work together to build a culture of life. Amen.

Prayer to End Abortion

Lord God, I thank you today for the gift of my life. And for the lives of all my brothers and sisters. I know there is nothing that destroys more life than abortion, Yet I rejoice that you have conquered death by the Resurrection of Your Son. I am ready to do my part in ending abortion. Today I commit myself Never to be silent, Never to be passive, Never to be forgetful of the unborn. I commit myself to be active in the pro-life movement, And never to stop defending life Until all my brothers and sisters are protected, And our nation once again becomes A nation with liberty and justice Not just for some, but for all, Through Christ our Lord. Amen!

Prayer for the Closing of the Abortion Mill

Father, all life is in Your care. You have entrusted us to one another, that we may show our brothers and sisters the same love You have for us. We pray, then, for the least among us, the children in the womb. Protect them from the violence of abortion. We pray for those who are scheduled to die at (Name the abortion mill assigned to you). Save them from death. Give new hope to their parents, that they may turn away from the desperate act of abortion. Grant conversion to the abortionist and to the staff. Show us how we are to respond to the bloodshed in our midst, And lead us to the day when this place of death Will be transformed into a haven of life. Guard us with your joy and your peace, For in You, life is victorious. We pray in the name of Jesus Christ our Lord. Amen.

Prayer to the Holy Spirit, Giver of Life

Come Holy Spirit, Creator of all things...You who breathed over the waters at the dawn of creation and brought forth all living beings...You who filled the apostles when the Risen Lord breathed on them on the first Easter night, giving them the power to restore life to those dead in sin... You who, on the last day, will breathe again over all the dead and raise them from the grave--Come! Come and breathe on our world again, immersed as it is in the Culture of Death! Come, O Lord and Giver of Life! Defeat the works of death in our midst, that abortion may no longer stain our land.

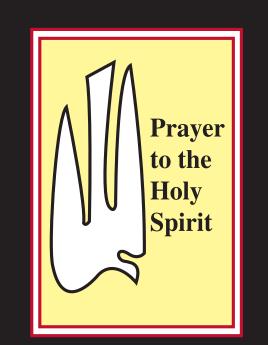
We worship You, O Holy Spirit, and we rejoice in You. We know that no matter how strong the forces of death may be, we can still find in You the endless source of life. Renew that life in each of us, and make us worthy apostles of the Culture of Life in our day! Amen. IF YOU ARE INTERESTED IN RECEIVING ADDITIONAL FREE COPIES OF THIS BULLETIN FOR YOUR GROUP, SEND YOUR NAME, ADDRESS, AND THE EXACT QUANTITY NEEDED TO: **APOSTLES of the HOLY SPIRIT 2715 Woodburn Avenue Cincinnati, Ohio 45206-1724**

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Come, Holy Spirit, fill my heart with your holy gifts.

Let my weakness be penetrated with your strength this very day that I may fulfill the duties of my state in life conscientiously, that I may do what is right and just.

Let my charity be such as to offend no one and hurt no one's feelings; so generous as to pardon sincerely any wrong done to me. Assist me in all the trials of life, enlighten me in my ignorance, advise me in my doubts, strengthen my weakness, help me in all needs and embarrassment, protect me in temptations and console me in all afflictions.

Graciously hear me, O Holy Spirit, and pour your light into my heart, my soul and my mind. Assist me to live a holy life and to grow in goodness and grace.

AMEN

Imprimatur: Samuel Cardinal Stritch Archbishop of Chicago

If you wish to receive a few additional copies of this prayer booklet to distribute, we can supply you with copies free of any obligation. Just send us a letter or card giving us the name of the church, group, or individual, address, state and zip code. Booklets can't be shipped unless you explain the method of distribution and to whom on your letter or card.

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